



Summer Session Packing List

What to bring, what to leave,
and what to keep in mind

What to bring:

This is a week to live simply. This packing list has all of the necessary items you will need. Please make sure to double-check this list as you are packing. There are not many shopping stores near the EMC and we will have very little spare time to go out and purchase forgotten items. Plus, this is a week to really experience having only what we need and to try not to spend money unnecessarily.

Clothing

- 3-4 Pairs of shorts or pants
(*must bring at least one pair of pants*)
- 5-7 Tees or tops
- 1 White shirt to tie-dye
- Pajamas
- 7-8 Undergarments
- Raincoat/poncho or light jacket
- Long-sleeve shirt/tee (outdoor work)
- Sweatshirt/sweatpants

Bedding

- Twin XL sheet/blanket(s)
- Sleeping bag
- Pillow
- Towels
- Wash cloths
- Laundry bag

Footwear

- Sneakers (*must bring at least one pair of closed-toe shoes*)
- Socks (*1 pair of long socks for garden work*)
- Sandals
- Flip-flops (for shower use)

Misc. Items

- Sunscreen (*highly suggested*)
- Lip balm
- Insect repellent
- Baseball hat
- Flashlight
- Cash

Toiletries:

- Soap
- Toothbrush/paste
- Deodorant
- Lotion
- Tissues
- Shampoo/conditioner

Personal Items

- Water bottle (*necessary*)
- A notebook & pen
- Book
- Camera
- Cards
- Any necessary medications

If you have any additional questions or need more information,
please contact Sarah Hedgis, EMC Program Director, at shedgis@diopa.org.



